



Care Connection



Behavioral and Mental Health Services at Your School

Learn more at
[NationwideChildrens.org/Care-Connection](https://www.NationwideChildrens.org/Care-Connection)



Is your child:

- *Sad?*
 - *Anxious?*
 - *Moody?*
 - *Lonely?*
 - *Aggressive?*
 - *Getting bad grades?*
 - *Hanging with the wrong crowd?*
 - *Arguing with peers and adults?*
 - *Having thoughts of suicide?*
 - *Reacting to a traumatic event?*
 - *Experiencing family stress?*
 - *Having challenges at home due to school stress?*
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If your child is struggling with issues like these and they are preventing them from being successful in school and at home, licensed behavioral and mental health therapists with Nationwide Children's Hospital's Care Connection can provide therapy and prevention services to help. Care Connection is a partnership with your school and Nationwide Children's that provides access to behavioral and mental health therapists on-site at your school and at home. By offering a patient- and family-centered care approach, therapists help students to overcome life's problems, feel better, manage their relationships with others and improve how they do in school.

Services include:

- **Individual and family therapy:**
 - Involves meeting once or twice per week at school, at home or at another location in the community
 - Length of treatment varies depending on the needs of the student and family

- **Group therapy**

- Involves meeting once or twice per week, for 6 to 12 weeks
- Students will meet at school or at another location in the community and discuss topics with their peers who are experiencing similar challenges impacting student success and mental health and wellness

- **School-wide prevention programs:** Involves wellness and education programs including:

- **PAX Good Behavior Game:** Used in elementary schools, this teacher-driven program improves the ways students manage their emotions, behavior and relationships. PAX has been shown to improve how well children do in school.
- **Signs of Suicide® Program:** Offered in grades 6 to 12, this program has been shown to reduce suicide attempts by students by 40-60%. The program teaches staff and students how to identify and respond to those in distress. A letter and information will be sent home by the school before your child attends the program.

- **Other prevention and education groups:** These groups teach students to manage a variety of issues, including anxiety, emotions, trauma, peer relationships and conflict. Groups meet 1 to 2 times per week for 6 to 12 weeks. A letter and consent form will be sent home before your child attends the program.

Please note that school-based Behavioral and Mental Health services are provided year round, including scheduled school closures and inclement weather days.

Schedule an appointment

Contact Nationwide Children's Care Connection at **(614) 355-2590**. Students can be referred for services by school staff. School staff will contact the parent/guardian to ask their approval to refer the student to therapy services. Nationwide Children's will contact parents/guardians to complete the intake process and link them with the service your child needs.

Learn more at [NationwideChildrens.org/Care-Connection](https://www.nationwidechildrens.org/care-connection).

How do I pay for services?

Do you have insurance?

Just like a doctor's office, we accept Medicaid and other insurance.

No insurance?

We will help you with:

- Financial assistance
- Getting back on insurance

No child will be denied care due to inability to pay for services.